

Mumps

Mumps is a viral disease that can be prevented through immunization.

CAUSE: Mumps virus

SYMPTOMS: About 1/3 of all people have no symptoms. Others can have swollen glands in front of and below the ear, headache, fever, and earache. Sometimes swelling of the spinal cord and brain may occur. Death is rare.

TRANSMISSION: By droplets that are expelled during sneezing or coughing.

INCUBATION: It takes 12 to 25 days, usually 15 to 18 days, from the time a person is exposed until symptoms develop.

CONTAGIOUS PERIOD: From 6 to 7 days before until 9 days after swelling begins. Most contagious 48 hours before onset of illness.



Until 9 days after swelling begins.



REPORTABLE

PROVIDER: This disease is reportable to the health department. In Hall, Hamilton, or Merrick County call (308) 385-5175. Outside counties call your local or state health department

SCHOOL/CHILD CARE FACILITY: Report all confirmed cases or suspected cases.

PARENTS/GUARDIANS: Inform your child care provider if your child has this illness.

Prevention & Control

1. Nebraska state law requires that all children be protected by age-appropriate immunizations against mumps. Mumps vaccine is usually combined with measles and rubella.
2. If your child develops the symptoms of mumps, keep them at home and consult their physician.

3. Diagnosis: Swollen glands can be found with other illnesses. A blood test specific for mumps antibody should be done.
4. Treatment: None, mumps is caused by a virus.

For more information, you or your physician may call the Central District Health Department at 385-5175, or your local health department.